

From: "Gary Pettigrove" <Gary.Pettigrove@anao.gov.au>
To: "Amanda Brian" <amanda.brian@det.nsw.edu.au>
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Subject: [emlOpenView Free] Bass 2012 Summary [SEC=PERSONAL]

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Dear Girls and Support Crew

Our 2012 George Bass journey is over and did it go fast. What a journey it was: Waves, Bomboras, rocks, runs, head winds, grrrr and Wow!

It all came together so well and thanks to your commitment, leadership, cooperation and efforts. We learnt heaps about rowing in the surf and pushing our bodies over the week and got better as each day went on. For a mostly novice crew who had little surf experience your all did wonderfully well.

We finished 5th overall and only one point from 4th. We came 4th in 4 legs and 5th in the other three legs. The last day we showed we could mix it with the Vikings and if the last days performance been the same as the other 6 days we may have come third.

Torquay 1 st	0 points
Broulee 2 nd	11 points
Vikings 3 rd	18 points
Gerringong 4 th	23 points
Broulee 5 th	24 points
Coledale 6 th	37 points
Bermagui 7 th	44 points

The only down side was our ability to master rowing in very choppy/rough water but our ability to run on waves improved daily.

The following table shows the legs, distance and average speed and a comparison with

Torquay women who rowed 600m further per hour that us which is only 10m per minute.

Broulee Capitals George Bass 2012

Leg	distance	time	Speed	Torquay	Torq Speed	Difference in Speed
1	31	2:42:17	11.5	2:35:04	12.0	0.5
2	19	1:24:28	13.6	1:21:15	14.1	0.5
3	22	1:30:40	14.7	1:26:18	15.3	0.7
4	24	2:01:41	11.9	1:55:35	12.5	0.6
5	36	3:57:42	9.1	3:42:51	9.7	0.6
6	27	3:27:38	7.8	3:13:54	8.4	0.6
7	22	1:49:16	12.1	1:44:05	12.7	0.6
Total	181	16:53:42	10.7	15:59:02	11.3	0.6

I really appreciated your commitment to the boat speed, to the technique and to working as one crew, pairs of buddies and to catching runs.

I need to thanks heaps of people:

A special thanks to Pip for her leadership, coordination and People skills. You were fantastic in all areas and allowed me to concentrate on the boat and crew training.

The Butt family were magic again. Rosemary with her excellent catering and care she took to make sure we were fed, warm and comforted. Dave for his assistance with coaching and getting the boat to go faster and for staying with us the whole trip this time. It is appreciated. We do need to go faster still next time. To Ali who was great support for the aches and pains and our 9th emergency rower. I thought you may have declared one of the girls unfit to row on one leg so you could get in the boat but not to be.

Fuzz thanks for your excellent IRB work and being a team player all week. Coming to meetings, having your say and supporting the girls, well done.

To the drivers, Peter, Gordon, John, Rosemary and Dave thanks for making the after race easier as cars and trailers where all there and is saved lots of time.

A special vote of thanks to Bern who lugged the IRBs about all week, had three delightful

kids in tow and allowed Vikki time to concentrate on rowing. The kids certainly added entertainment to the week and Sam was great with his questions, support and help around the place. We could not have done this well without you all. A great family.

The Fitzgerald, Stanley and Cobb families certainly contributed to the success of the week.

To the girls:

Amanda, your 6th Bass and performed in the same tough manner and showed her great experience again. I know you enjoy the bass and you will have to retire sometime but please consider us next time.

Mel, your 4th Bass and from the limited time we had at training, your performed very strongly and teamed well with Amanda. You gave it your all and we do appreciate when you talk in the boat.

Kat, your first Bass and first measure of your capability in an endurance sport. You stood up and delivered. Sorry from breaking you away from your buddy but when you only had power to think about you were brilliant. Your efforts in assisting Pip, Annie and Stan through the large surf was appreciated.

Pip, your second bass and again you did everything asked of you, power stints, long stints, technique critiques, motivator and team builder.

Annie, orange girl to outstanding performer in six weeks. Got your bronze two weeks before the event. Unheard of in the sport of surfboats. Sorry I broke up your buddy relationship but you performed well above expectations and did everything asked of you. Your new buddy appreciated the extra length and the boat responded accordingly. Sorry I did not have time to teach you any surf skills before the race but you have shown elite sportsperson can adapted quickly.

Nikki, your motivation and team skills was a highlight of the event. I will have 10 on you anytime. Your first bass and got your bronze two weeks before the event, amazing. You worked your hardest on every stint, until you could go no more and you were the best communicator when we were in the boat. You coped well with the unexpected waves, surf and rocks.

Nikki, your consistent power over 7 days was fantastic and your ability to "hit" the sur when

nikki, your consistent power over 7 days was fantastic and your ability to time the runs when required was a highlight for me. You learnt heaps as we went along and delivered for the crew. I loved the way you would nod a confirmation when I requested something of you.

Vikki, you powerhouse. You performed as I expected you would, you worked hard on every run and over long stints. Your commitment is amazing considering you have 3 kids and a fine husband to look after as well. How you fit the time in is amazing.

The biggest complement I received all week was from the Torquay sweep, who said I had the best 2km starting speed every day and he could not match it at all. The first day he thought he was rowing for second.

Congratulations girls on a excellent team effort and deserving result.

Regards

Gary Pettigrove

Chief Information Officer | Corporate Management Branch

Australian National Audit Office

Ph: 02 6203 7303 | M: 0417 069 826 | Fax: 02 6203 7519

gary.pettigrove@anao.gov.au

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